



Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✧ P.O. Box 626 ✧ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: SacredHeartSuffield1@gmail.com

Follow us on Facebook at Sacred Heart, Suffield 

Website: SacredHeartCT.com

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday



Mass Times:

Weekends: Saturdays: 4:00pm **Sundays:** 8:30am and 10:30am.

Daily Mass: 8:00AM Monday, Tuesday, Wednesday & Friday (NO Thursday Mass)

Holy Day: Please consult the Bulletin.

Sacraments:

Confessions: Saturdays 2:30 - 3:30pm or by appointment.

Baptisms: Sundays after the last Mass. Please call the Rectory to schedule a date.

Holy Matrimony: At least six months of notice should be given to arrange weddings.

Anointing of the Sick Please call the office.

On going devotions:

Weekly Morning Rosary: Tuesdays at 7:30 AM

Adoration of the Blessed Sacrament: Mondays 6 to 7 PM (Fall-Spring 3-4PM), Fridays 7:30 to 8 AM

Rosary: First Sunday of the Month 8:00 AM

Parish Staff

Pastor: Fr. Joseph Keough Email: frjfk@aol.com

Administrative Assistant: Jackie Dion email: SacredHeartSuffield1@gmail.com

Religious Education:

860-668-7766 Fax: 860-370-5164

Director: Miss Donna M. Swols email: shc_dre@aol.com (Temporary)

Assistant : Jackie Dion

Directors of Music

Floyd Higgins & Gretchen Collins floydandgretchen@comcast.net

***Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds. Please report any suspicious activity to the parish office and/or Suffield Police.**

To report an incident of sexual abuse in the Archdiocese, visit our website or the archdioceseofhartford.com

June 7, 2026 Corpus Christi Sunday

The Tabernacle Candle this week burns in Memory and Honor of **Nancy Reilly**



Dedicated by Thad & Kerry Martin.

Our Weekly Offertory

On **May 31, 616** members and visitors worshipped with us at Sacred Heart Parish.

May 31, 2026, Parish Support:

\$5,590.05	Offertory
\$440.92	Online Giving
\$6,030.97	Total

Thank you for your support!

Saturday, June 6

8:00 PM Carolyn & Gregory Stack

Sunday, June 7

8:30 AM Trevor French

10:30 AM Glenn Packard

Monday, June 8

8:00 AM Alfreda Beneski

6 – 7 PM Holy Hour

Tuesday, June 9

8:00 AM Cara Alexopoulos(L)~Special Intention

Wednesday, June 10

8:00 AM Cara Alexopoulos(L) & Family(L)

Thursday, June 11

8:00 AM **NO MASS**

Friday, June 12~Most Sacred Heart of Jesus ♥

8:00 AM For Our Country

Saturday, June 13

4:00 PM Lucia Miranda

Sunday, June 14

8:30 AM Leo & Regina Morency

10:30 AM William Leary Jr

Ann Leary

***Apologies for any misspelled names**



Parish Support made easy: Online giving is always available (and safe). Visit our website for information at www.sacredheartct.com or scan the QR Code in this bulletin for My E-Offering. Thank you for your generous support!

Please keep Our Church clean! Please put Missalettes & Hymn Books back in their places and remove any items you may have in your pew. Thank you!

SAVE THE DATE

June 7th – Parish Family Picnic.

June 12th – Solemnity of the Sacred Heart of Jesus.

June 13th & 14th – Fair Trade after all Masses.

June 17th – Book Club 10:30-11:30AM Fr. Ted Hall

The Lion Women of Tehran

June 26-28th – Retreat for Teens at Holy Family Retreat Center.

October 7th–12th – Pilgrimage to Mexico, Our Lady of Guadalupe.

October 18th – Incredible Pancake Breakfast

October 24th – Barn Dance

Tuesdays at 6:30 – Bible Study ~ Fr. Ted Hall.

Baptized in Christ
Kaylee Kathleen Viets
Cecilia Rose DeVita
Colby James Washburn
Bennett Anthony George



PARISH REGISTRATION/UPDATE

NAME/s: _____

(Please include all family member names and children's age)
 ADDRESS: _____

PHONE #: _____

EMAIL: _____

New Registration Request Envelopes

Change Address, E-Mail, Phone Number

Moving out of parish.

STATUS: Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or drop it in the mailbox outside the rectory office.

RELIGIOUS EDUCATION NEWS

Summer office hours: *By appointment only*

Closed holidays and school vacations

Donna Swols, DRE: shc_dre@aol.com (temporary)

Jackie Dion, Adm. Asst.

Please use voicemail, email or our handy outdoor mailbox as necessary to conduct Religious Ed business.

PLEASE NOTE

2026-2027 REGISTRATION INFORMATION: Registration information for the 2026-2027 Religious Education year will be available July, 2026. This will be for both new and returning students. Please note that families/students must register each year for Religious Education at Sacred Heart as well as being a registered member of the parish. The bulletin, your email and our website will be updated with information about re-registering and registering your children for the Sacred Heart Religious Education Program for the 2026-2027 school year. Thank you.

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Teen Leadership Retreat at Holy Family Retreat Center, will be held **June 26-28, 2026**. Please see the flyers on the table in the Church lobby, for more information.

BINGO raised **\$1,192.50** for the Sacred Heart Scholarship Fund. Thank you to all the volunteers and our two Chairpersons!

Catholic Communication Campaign

Today we take up the collection for the Catholic Communication Campaign (CCC). Your support helps CCC fulfill its mission of love to share the gospel message of hope with people in the United States using the internet, television, radio, and print media. Half of the money we collect remains here in the Archdiocese of Hartford to fund local communications efforts. The other half supports the communication activities of the United States Conference of Catholic Bishops and other projects across the United States. Your help spreads the gospel message! Learn more at www.usccb.org/cc.

Worldwide Marriage Encounter:

Find out how to grow in your relationship by checking out the next Worldwide Marriage Encounter Experience on the dates listed below. For more info go to wwme.org:

June 26-28, 2026, Huntington Seminary, Huntington, NY

August 28-30, 2026, Holy Family Retreat House, West Hartford, CT

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration limited; a \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or wwme.org.



June is the Month of the Sacred Heart:

Most Sacred Heart of Jesus, today I wish to live in You, in your grace, in which I desire at all costs to persevere. Keep me from sin and strengthen my will by helping me keep watch over my senses, my imagination, and my heart. Help me to correct my faults which are the source of sin. I beg You to do this, O Jesus, through Mary, Your Immaculate Mother. Amen!

Our parish liturgies and celebrations will include:

- USCCB Prayer of Consecration (now through June 12)
- Parish Picnic (June 7 11:30-3:00)
- Monday Night Holy Hour with Sacred Heart Litany (June 8 6-7:00)
- Solemnity of the Sacred Heart Mass, Friday, June 12, 8:00 AM with the Enthronement of the Image of the Sacred Heart. Eucharistic Adoration from 8:45-12:00 PM, "Pray Date" at 3:30 PM in the church.



Knights of Columbus

Suffield Council # 6281

Ed McAnaney, Grand Knight

Important Upcoming Dates & Knights News:

- The next Suffield Council # 6281 meeting will be held this **Sunday, June 7th at 4:00 p.m.** in Father Ted Hall. This special time for this meeting will allow members to help with cleanup duties for the parish picnic which is scheduled to be concluded at 3:30 p.m.
- The Suffield Council # 6281 works in support of the Enfield Loaves and Fishes on the **second Sunday of every month**. If you are interested in volunteering to serve from 3:30 to 5:00 p.m., please contact Steve Rigby by text at 860.930.2712 for further information on how/when you might be able to best help this summer.
- In celebration of the 250th birthday of the United States, the exhibit **In God We Trust: The Knights of Columbus and the American Experience** explores how the history of the United States helped shape the 1882 founding of the Knights in New Haven, CT. The exhibition illustrates the Knights' development into a global institution that has persevered in improving society through its core principles of Charity, Unity, Fraternity, and Patriotism.

Plan a visit from **now until September 5, 2026**, to the Blessed Michael McGivney Pilgrimage Center, 1 State Street, New Haven, open Wednesday through Sunday, 10 a.m. to 4 p.m. With **free admission and free parking**.

From the Pastor's Desk

This weekend we celebrate the Solemnity of Corpus Christi, the Body, and Blood of Christ. We are blessed in our Catholic Church to be focused on the Eucharist, we truly receive the Body, Blood, Soul, and Divinity of Jesus Christ each time we celebrate the Mass. This weekend we stop to reflect on this great gift.

Jesus not only tells us that in order to have eternal life we MUST eat His Body and Drink his Blood to be one with Him and the Father. Not only consume the Eucharist but be consumed by the Eucharist in order that this most holy exchange be complete. Our participation in the Eucharist is a commitment and a challenge to be a Eucharistic People. More than just piety and prayer, we must live a life worthy of sharing in the gift of Christ. We must (as Jesus commanded) love God above all else and our neighbor as ourselves. This complete sacrificial love enables us, with the grace of God, to be true members of the Body of Christ.

Take a few moments at the Mass to reflect on the gift you will receive and a few more after you receive Communion to thank the Lord for the gift you received.

Have a blessed week!

Fr. Joe Keough



PRAY DATE: Join our next “Pray Date” for our little ones on Friday, June 12 at 3:30 PM for the Children’s version of Eucharistic Adoration, prayer, and activities. This month we celebrate the Sacred Heart of Jesus. Families with children from newborn on up are welcome to join us! Refreshments and activities follow in the Meditation Garden. “Let the children come to Me.” Kids, bring your parents or grandparents—they might learn stuff about Jesus and meet other parents!

CAN YOU HELP SAVE THE LIFE OF A PRIEST? Fr. Josh Wilbur, a priest of the Archdiocese of Hartford is in desperate need of a liver donor (yours will grow back). He is a young pastor currently serving in Oxford, CT at St Thomas the Apostle Parish. Fr. Josh has a rare liver disease and is in the “end stage” unless a donor is found. For more information on how you could help (ages 22-55) please visit www.frjoshwilbur.com Whether you can donate a liver or not, please keep Fr. Josh in your prayers!



PARISH PICNIC is TODAY following the 10:30 Mass and we'd love to have you attend. Food, entertainment, and activities for all ages plus time with our parish family, all for FREE!

LAST CALL! If you are interested in the upcoming pilgrimage with Fr. Joe to Mexico City in honor of Our Lady of Gaudalupe, please sign up by **MONDAY, JUNE 9th**.

For more info visit www.VersoMinistries.com/sacred-heart-mexico or contact Fr. Joe at frjfk@aol.com If you love Jesus, you should love Mary his Mother. If you love Mary, you should go on this pilgrimage. No pressure but this could help you avoid those awkward “do I know you?” moments in heaven with her. You know, the ones that will last forever.
*For more Catholic Guilt contact Fr. Joe at frjfk@aol.com.

